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Daishin is the author of To Forget
the Self and Zen Meditation in
Plain English (Wisdom, 2002) and

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is co-editor with Roshi Egyoku of the On Zen Practice collection). He is married to Concetta Getsuren Alfano, a Zen practitioner, psychoanalyst and co-founder of the Center for Mindfulness and Psychotherapy. Daishin has one son.

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